

Name _____ Birth Date _____ today's date _____

Please tell us why you are coming for an appointment, and what problems you are having: _____

How many times have you been pregnant _____ How many children do you have _____

How many miscarriages _____ How many abortions _____

Please tell me about your pregnancies:

Year	Vaginal delivery or c-section	Boy or Girl	Name	Weight	Any complications?

When was the first day of your last period? _____ Are your periods regular? _____

Do you have pain with your periods? _____ Do you have pain with sex? _____

Any questions about sex or problems with sex? _____

Do you ever have leakage of urine? _____

When was your last PAP smear? _____ Have you ever had an abnormal PAP? _____ When? _____

Have you ever had any treatment or surgery on your cervix? _____ When? _____

Have you ever had a sexually transmitted disease? _____ What and when? _____

Have you gone through menopause? _____ When? _____

When was your last Mammogram? _____ When was your last bone density scan? _____

List your medical problems

List any surgeries you have had and when

List your medication, include any herbals

List your allergies, and what reaction you have

Do you smoke? _____ How much? _____ Did you ever smoke? _____ How long? _____

How much alcohol do you drink? _____ Do you use any street drugs? _____ Did you ever? _____

List any medical problems your family members have had, and who have had them, especially:

Cancers (what type) _____

Diabetes _____

High Blood Pressure _____

Other _____